

SENDAI RESTAURANT GUIDE

for Vegans, Vegetarians and Muslims

DiscoverSENDAI provides information for foreign visitors on fascinating sightseeing spots, events, accommodations, restaurants, etc. in Sendai City. Please take a look when you visit Sendai!

<https://discoversendai.travel>

ICON GUIDE

Vegan Friendly Restaurant **Vegetarian Friendly Restaurant** **Muslim Friendly Restaurant**

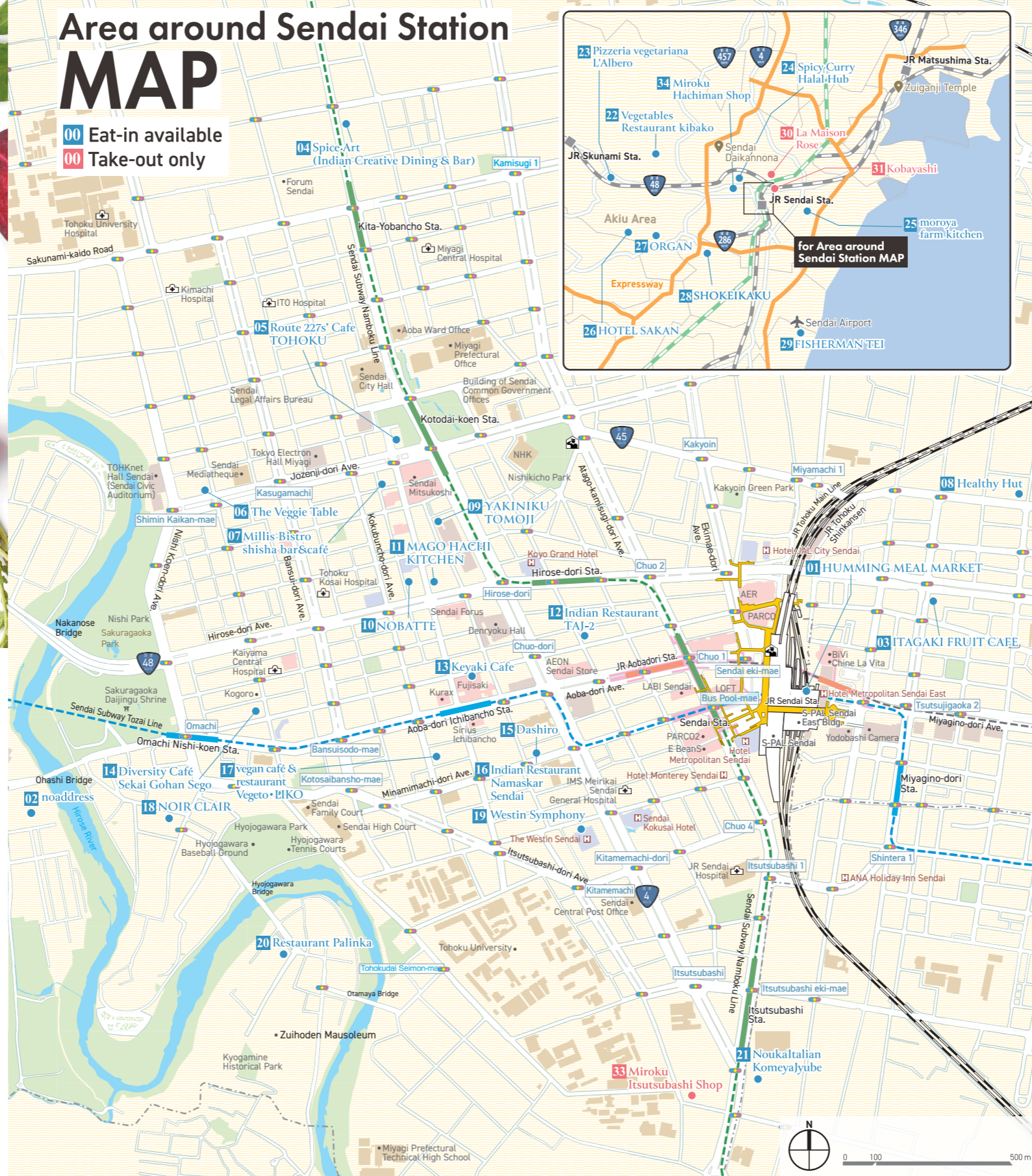
Credit Card Cashless, Smartphone payment English Speaker English Menu English Information Wi-Fi Take Out Halal Certified Prayer room Prayer Items

The contents are based on information available as of February 2024. Information on each restaurant, menu items, and prices are subject to change without notice.

Area around Sendai Station

MAP

00 Eat-in available
00 Take-out only



01 HUMMING MEAL MARKET

☎ ¥400 ~ 1,500
OPEN 7:30am - 10:00pm(9:30pm L.O)
Closed on Same business days as S-PAL

☑ 2F S-PAL Sendai East BLDG, 1-1-1 Chuo, Aoba Ward, Sendai

☎ TEL.022-766-8382
https://www.instagram.com/humming_meal_market/

Cafe

"Mamun Family's Spicy Chicken Curry" delivers authentic halal flavors from Bangladesh. Enjoy Pranachai and the nuanced taste of warm spices and fragrant black tea.

MAP QR

02 noaddress

☎ ¥500 ~ 1,500
OPEN 10:00am - 5:00pm(4:30pm L.O)
Closed on Same closing days as Sendai Ryokusaikan

☑ Sendai Ryokusaikan, Kawauchi-Oimawashi, Aoba Ward, Sendai

☎ TEL.022-395-7727
<https://www.instagram.com/noaddress1000dai/>

Cafe

Inclusive dining regardless of difference in background. The cafe serves menu such as Halal chicken burger and Australian oats latte, which has a rich fragrance, distinct flavor, and subtle sweetness.

MAP QR

Miroku Itsutsubashi/Hachiman locations

☎ ¥1,000 ~ ¥980 ~
OPEN 10:00am - 7:00pm
Closed on Irregular

☑ 2-11-18 Itsutsubashi, Aoba Ward, Sendai

☎ TEL.022-267-6339
<http://miroku-sweets.ocnk.net>

☎ ¥1,000 ~ ¥980 ~
OPEN 10:00am - 7:00pm
Closed on Irregular

☑ 3-2-8 Hachiman, Aoba Ward, Sendai

☎ TEL.022-266-5010
<http://miroku-sweets.ocnk.net>

Sweets Sweets

Desserts, sandwiches, and custom-made cakes using tasty organic ingredients. Enjoy gluten-free and animal-free Western-style baked confections.

MAP QR

03 ITAGAKI FRUIT CAFE

☎ ¥1,000 ~ 1,500
OPEN 9:00am-6:00pm(5:30pm L.O)
Closed on Open year-round

☑ 300-1 Nijunin-machi, Miyagino Ward, Sendai

☎ TEL.022-291-1221
<https://www.itagaki-jp.com/shop/01/>

Cafe

Enhanced with miso (fermented soybean paste) and shio koji (salt-fermented rice), the cafe's richly flavored naporitan has a hint of fresh tomato acidity and is served with assorted deep-fried vegetables. *Contains garlic and onions.

MAP QR

04 Spice Art (Indian Creative Dining & Bar)

☎ ¥880 ~ ¥1,080 ~
OPEN Lunch: 11:30am - 3:00pm(2:30pm L.O)
Dinner: 5:30pm - 11:00pm(10:30pm L.O)
Closed on None

☑ Pal Kamisugi 1F, 2-4-26 Kamisugi, Aoba Ward, Sendai

☎ TEL.022-222-7701
<https://www.spiceart.net/>

Indian food

Naan cooked by an experienced Indian chef who worked at five-star hotels. Popular for its crispy exterior and soft interior - a match made in heaven with curries.

MAP QR

05 Route 227's Cafe TOHOKU

☎ ¥1,000 ~ 1,500 ☎ ¥1,500 ~ 3,000
OPEN 11:00am - 10:00pm
Closed on Not decided

☑ 3-1-1 Kokubuncho, Aoba Ward, Sendai

☎ TEL.022-796-9770
<https://route227.jp>

Cafe

Showcases diverse dishes from 227 Tohoku locations curated with the concept of "conveying Tohoku's charm through food" in mind. Customers can dine on the terrace which overlooks Jozenji-dori Avenue.

MAP QR

06 The Veggie Table

☎ ¥630 ~ 4,300
OPEN Wed. - Sat. Lunch: 11:00am-2:00pm
Drinks & Desserts: 2:00pm-5:00pm
Dinner: 5:00pm-9:00pm (8:30pm L.O)
Sun, 11:00am-6:00pm (5:30pm L.O) full menu all day
Closed on Mondays and Tuesdays

☑ Maison Jozenji (Formerly: Nakamura Building) 1F, East Side, 3-4-105 Kasugamachi, Aoba Ward, Sendai

☎ TEL.022-281-8570
<https://instagram.com/theveggietablesendai>

International Food

Sendai's premier 100% vegan restaurant. Internationally inspired, locally sourced & ridiculously delicious. Menu changes seasonally. Vegan beers & wines, à la carte & courses. No reservations needed!

MAP QR

07 Millis Bistro shisha bar&café

☎ ¥690 ~ 1,500 ☎ ¥1,500 ~ 2,500
OPEN Hours of operation are subject to change
Mon. 5:30pm-3:00am
Tue. - Sat. 11:30am-3:00am
Sun. 5:30pm-1:00am
Closed on January 1st, Irregular Holidays

☑ 1F Saika Building 2, 4-10-2 Ichibancho, Aoba Ward

☎ TEL.022-281-8992
<https://www.millis-diningbar.com/>

Israeli food

Enjoy authentic Middle Eastern cuisine from Israel with a variety of vegan and vegetarian dishes, including hummus, falafel, tabbouleh salad, shakshuka, and more.

MAP QR

08 Healthy Hut

☎ ¥800 ~ 1,500
OPEN 11:30am-2:30pm L.O
(10:00am-6:00pm for shopping)
Closed on Sundays and Public Holidays

☑ 1-4-26 Odawara, Miyagino Ward, Sendai

☎ TEL.022-292-0355
<https://www.healthy-hut.co.jp>

Cafe

Specializing in catering to customers with food allergies, Healthy Hut offers egg, milk, and wheat-free items. The cafe also offers lunch options such as egg-free omelet rice, pancakes, and soy milk ice cream.

MAP QR

