















# Sendai Restaurant Guide For Vegetarians

March 2020



## Legend

- Available
- △ Partially available
- × Not available
-  Address
-  Phone number
-  URL
-  Business hours  
Holidays
-  Takeout food
-  Wi-Fi
-  Credit card
-  Average budget
-  Available language(s)
-  Language(s) of menu and instructions
-  Menus and products for vegetarians
-  Menus and products for vegans
-  Menus and products that do not use five pungent roots (Oriental vegan)
-  Gluten-free menus and products

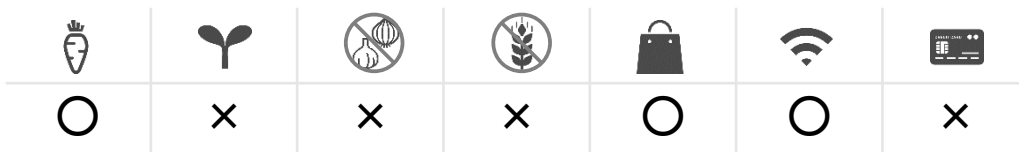
- This guide was created in collaboration with restaurants to provide information for guests in selecting stores and using their services.
- You may need a reservation for some services and some services may be changed or terminated. Please contact each facility for details.
- Business hours may change, and some facilities may close due to the new coronavirus. Please contact each facility for details.



だし廊  
Dashiro

	2-2-11, Ichibancho, Aoba-ku, Sendai
	022-204-4890
	<a href="https://www.dashiro.com/">https://www.dashiro.com/</a>
	11:00 am - 9:00 pm Closed: New Year holidays
	Lunch: ¥850 Dinner: ¥900
	Japanese
	Japanese, English, (traditional) Chinese

- Vegetable only ramen “Konsaidashi Misopota” is served only for dinner. (3:00 pm～)
- Vegetable only ramen "Konsaidashi Misopota" served while soup stock lasts.



インド料理NAN TANDOORI  
Indian Cuisine NAN TANDOORI

	16-27, Shiheimachi, Aoba-ku, Sendai
	022-272-1523
	11:30 am - 2:30 pm & 5:00 pm - 9:30 pm Open everyday
	¥1,000
	Japanese, English
	Japanese, English

- (No specific text listed for this restaurant)





NAMASKAR仙台店  
**NAMASKAR Sendai Branch**

TK Bldg. B1F, 2-2-11, Ichibancho, Aoba-ku, Sendai

022-222-7701

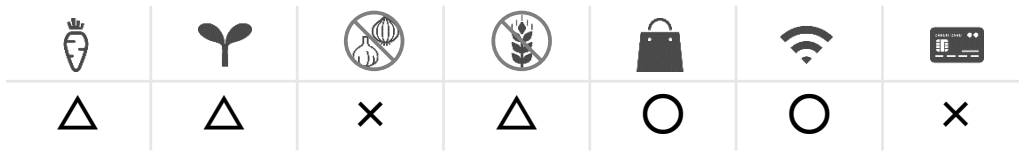
<http://www.namaskar.jp/sendai.html>

11:30 am - 3:00 pm (last order 2:30 pm) 5:30 pm - 10:00 pm (last order 9:30 pm)  
 Open everyday

Lunch: ¥1,000 Dinner: ¥1,500 - ¥3,000

Japanese, English Japanese, English

・ Reservations for vegan menus are recommended. Alternatively, please inform us on your arrival.



AASHIRWAD  
**AASHIRWAD**

PARM-CITY131-3F, 3-1-16, Ichibancho, Aoba-ku, Sendai

022-399-9216

11:30 am - 3:30 pm (last order), 6:00 pm - 9:30 pm (last order)  
 Closed: Wednesdays (Open if public holiday.)

Lunch: ¥900 Dinner: ¥1,500

English English



インド創作ダイニング&バー PJ's RASOI  
Indian Creative Dining & Bar PJ's RASOI

Daisanshokei Bldg. 1F, 2-11-18, Itsutsubashi, Aoba-ku, Sendai

022-225-9006

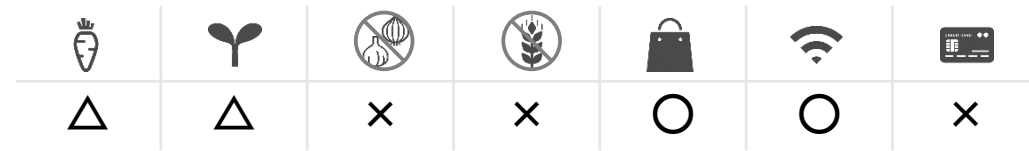
<https://www.facebook.com/PJsRasoi0909/>

11:30 am - 3:00 pm (last order 2:30 pm), 5 :30 pm - 11:00 pm (last order 10:30 pm)  
Open everyday

Lunch: ¥1,000 Dinner: ¥1,500 - ¥3,000

Japanese, English Japanese, English

・ Reservations for vegan menus are recommended. Alternatively, please inform us on your arrival.



インド創作ダイニング&バー Spice Art  
Indian Creative Dining & Bar Spice Art

Pal Kamisugi 1F, 2-4-26, Kamisugi, Aoba-ku, Sendai

022-225-9006

<https://www.spiceart.net>

11:30 am - 3:00 pm (last order 2:30 pm), 5 :30 pm - 11:00 pm (last order 10:30 pm)  
Open everyday

Lunch: ¥1,000 Dinner: ¥1,500 - ¥3,000

Japanese, English Japanese, English

・ Reservations for vegan menus are recommended. Alternatively, please inform us on your arrival.



Restaurant (Thai cuisine)



タイ料理SABAI SABAI  
Thai Cuisine SABAI SABAI

2-6-32, Kimachidori, Aoba-ku, Sendai

022-275-9858

<https://sabaisabai.jp/>

11:00 am - 3:00 pm, 5:00 pm - 11:00 pm  
Closed: New Year holidays

Lunch: ¥1,000 Dinner: ¥2,000

Japanese, English, Thai

Restaurant (Curry)



カレーと野菜 香希  
Curry & Vegetables Kohki

Kreis Bldg. B1F, 3-4-5, Kokubuncho, Aoba-ku, Sendai

022-398-4193

<https://curryvegekohki.owst.jp/>

11:30 am - 3:00 pm, 5:30 pm - 9:00 pm  
Closed: Mondays

Lunch: ¥800 Dinner: ¥1,200

Japanese



○	○	△	△	○	○	○

ORGAN

## ORGAN

44-12, Aza-Nakayachiminami, Moniwa, Taihaku-ku, Sendai

022-796-8259

<https://organ-vegan-restaurant.business.site/>

Mon - Wed & Fri: 9:00 am - 4:00 pm Sat & Sun: 9:00 am - 5:00 pm  
Closed: Thursdays

¥1,500

Japanese  Japanese, English

• A café specializing in takeout food



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Organic cafe Soul Tree

## Organic cafe Soul Tree

8-15, Kasugamachi, Aoba-ku, Sendai

090-2881-7727

<https://www.facebook.com/organiccafesoultree/>

11:00 am - 6:00 pm  
Closed: Tuesdays and Wednesdays

¥1,200

Japanese  Japanese





miroku 八幡店

## Miroku Hachiman Branch

Sun Court Hachiman II, 3-2-8, Hachiman, Aoba-ku, Sendai

022-266-5010

<https://www.facebook.com/mirokunigouten/>

Mon - Sat: 11:00 am - 7:00 pm Sun: 11:00 am - 6:00 pm  
Closed: Irregular

¥1,300

Japanese

Japanese



miroku 五橋店

## Miroku Itsutsubashi Branch

Daisanshokei Bldg. 101, 2-11-18, Itsutsubashi, Aoba-ku, Sendai

022-267-6339

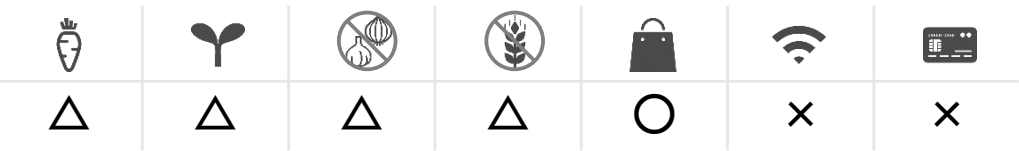
<https://www.facebook.com/sendai.miroku/>

Mon - Sat: 10:00 am - 7:00 pm Sun: 10:00 am - 6:00 pm  
Closed: Irregular

¥1,300

Japanese

Japanese



こばやし  
Kobayashi

3-2-3, Odawara, Miyagino-ku, Sendai

022-293-1661

<http://www.kobayashibento.com/>

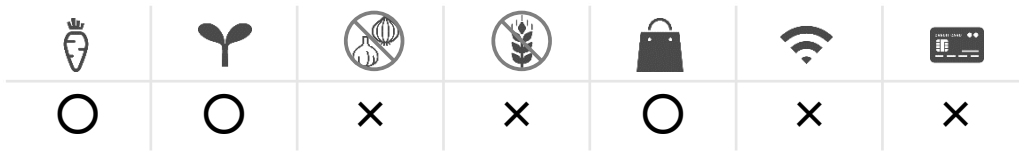
9:00 am - 4:00 pm  
Open everyday

¥1,000

Japanese

Japanese, English, (traditional) Chinese, Korean

• Reservation is required for vegetarian menus at least 3 days in advance.



La Maison Rose  
La Maison Rose

3-1-48, Komatsushima, Aoba-ku, Sendai

[https://www.instagram.com/lamaisonrose\\_sendai/](https://www.instagram.com/lamaisonrose_sendai/)

Tue - Fri: 10:00 am - 5:00 pm Sat: 10:00 am - 3:00 pm  
Closed on Sundays, Mondays and public holidays

¥1,000

Japanese, English

Japanese, English